30Hr PGC Race Final Update

General: Hello Pocket Gopher racers. We are 5 days until race day. I am going to keep this very short so you can keep getting ready for the race.

What Do I Do Next: Here is what you need to do before the next update

- 1. If you have not read race update 1 please do so first
- 2. Get a USARA membership. (This is a requirement and will not be available the day of the race, please bring your USARA number to the race)
- 3. Sign the USARA Waiver and print it. I cannot let you race without a waiver and waivers will not be available at the race so please make sure you print and sign your waiver
- 4. Review the 30hr Race Schematics. You won't see these at all AR races, but they are always at expedition races, and they will help you
- 5. Review the 30hr Race Cutsheet. Vital information is available on the cutsheet
- 6. I will not be printing the race schematics or the race cutsheet, but you are welcome to print them and bring them on the course. I highly recommend it

Race Number: Race numbers are now out. You will be responsible for marking your own bag and paddle with your race number. It can be simple duct tape but I am not providing race numbers. Just make sure my volunteers can read it

Raft Drop: The Raft drop is just off highway 54 near Randolph MN. Here is the pin drop

https://maps.app.goo.gl/STkxvntVBBErcrjQ9?g_st=com.google.maps.preview.copy

If you have the google map app on your smart phone you can also use this grid locator but it only works in google maps

GXCQ+6M3 Randolph, Minnesota

You can drop off your paddle and raft gear anytime Saturday morning. I know I said 5 am but you can drop it earlier if you want, The TA will not be manned but just sit your gear next to the blue trailer, it will be fine. There will be signs out there

Canoe Drop: You can drop canoes at 6am Saturday morning. The canoe drop is at Colvill Park, Red Wing MN (507 Nymphara Ln, Red Wing, MN 55066,)

https://www.red-wing.org/facilities/facility/details/Colvill-Park-9

Currently Colvill Park is closed to the public due to flooding but there will be someone down there at 6am to direct you where to put your Canoes. Due to the park closure be prepared to carry your canoe 400-800meters to get around the barriers.

Race Time line:

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05:00 Canoe Drops Opens

06:00 Race HQ Opens

06:00 TA 3 Raft building drop off opens for Bag/PFD/Paddle drops

08:00 Race Starts

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14:000 Lead Racers will come in

18:00 Race Course Closes

Race Start: The official Race start will be located at the Nerstrand AG Center in Nerstrand MN

Raft Building: Please see Race Update1 for complete instructions. I just wanted to add a few comments here based off questions I have received

- 1. You can NOT bring a packraft or other like type of completely assembled raft. That would take all the fun out of it
- 2. You CAN bring inner tubes, pool floaties, pool noodles, milk jugs, or anything else you imagination can think of as long as you can put it in a garbage bag an close it
- 3. If you want to change clothes, socks etc that's fine but if you leave anything behind at the TA that you want to be brought back to the finish line it MUST be in the garbage bag when you leave
- 4. You will NOT have to carry your backpack on the rafting section but make sure you bring your scorecard

The Course: Again please see update 1.

1. The only additional item I want to add is map plotter are no longer required. If you have one I would bring it, but I have plotted everything for you. I am getting to soft in my old age

- 2. you can drop your rappel gear at TA 2 with the volunteer after you rappel but please make sure it is labeled with your race number. We will make sure it gets back to HQ, If you prefer to carry it you are welcome to
- 3. GPS tracker Tell your friends and family they can dot watch you live at https://live.enabledtracking.com/pg2024/

Gear List Adds: There is only two add on to the gear list

- 1. Each team needs to have enough bike locks/bike loops to be able to lock up their bikes at unmanned checkpoints
- 2. You can scratch this from the list, if you have one bring it, if not you don't really need it. No longer required for each team to bring a map plotting tool for 1/24 and 1/25

Closing: Again, thank you for selecting my race and again do not hesitate to ask questions. Until race day train hard and I will see you on the high ground!!

John Harris

Race Director Pocket Gopher Challenges

Director@howlingadventurer.com

Rdscout3@gmail.com

+01.703.939.0670