6Hr PGM Race Update Final

General: Hello Pocket Gopher racers. We are 5 days out from the start of the race. I am going to keep this short so you can continue to plan for the race.

What Do I Do Next: Here is what you need to do before the next update

- 1. If you have not read race update 1, please read it first
- 2. Get a USARA membership. (This is a requirement and will not be available the day of the race, please bring your USARA number to the race)
- 3. Sign the USARA Waiver and print it. I cannot let you race without a waiver and waivers will not be available at the race so please make sure you print and sign your waiver
- 4. Review the 6hr Race Schematics. You won't see these at all AR races, but they are always at expedition races, and they will help you
- 5. Review the 6hr Race Cutsheet. Vital information is available on the cutsheet
- 6. I will not be printing the race schematics or the race cutsheet, but you are welcome to print them and bring them on the course. I highly recommend it

Race Time line:

06:00 Race HQ Opens

10:00 Race Starts

16:00 Lead Racers will come in

18:00 Race Course Closes

Note: We are opening the Race HQ for 6Hrs at the same time it's open for the races. This is different from our webpage. We wanted to give plenty of time to beginning racers to ask questions. You do not have to show up at 6am but if you want you are welcome to. You need to be checked in NLT than 09:30

The Course: The course is a beginner course with over 50% of the course on either gravel or blacktop roads. The hiking section is mostly on well-established trails. The most difficult section is the single-track section. Racers have the option to drop their bikes and hike this section if you choose. Another option is to ride the single track to the bridge that crosses the creek. It's very easy single-track to that point and then lock up your bikes and hike past the bridge. That section of single-track is more challenging but is possible for beginners with caution

Gear List Adds: There is only one add on to the gear list and that is each team needs to have enough bike locks/bike loops to be able to lock all their bikes. You will be leaving your bikes at an unmanned TA and while theft is low here you need to be able to lock your bikes

Closing: I have talked to many of you via email and a few on the phone but please if you have a question ask. Its my goal to make this race the best possible race I can. If there is anything I can do to help just let me know. Until

John Harris

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